

THE INSTITUTE OF CONTEMPORARY PSYCHOTHERAPY &  
PSYCHOANALYSIS

*Short Course – Winter 2009*

*An Introduction to Psychopharmacology and an Update on  
Current Practice*

This course will present an overview of psychopharmacology in clinical practice. The course will include a description of mechanisms of action and underlying neurophysiology but the main focus will be on the use of psychotropic drugs in various clinical situations with an emphasis on mood and anxiety disorders. Specific drugs, therapeutic profiles, side effects and drug interactions will be discussed as well as the syndromes being treated. There will be ample time for discussion of the participants' clinical experiences and the use of drugs within the self psychological framework.

At the conclusion of the short course participants will be able to:

- Summarize the mechanisms of psychotropic drug effects
- Discuss psychiatric diagnostic syndromes and the relevant psychopharmacologic interventions
- Describe in a clinical sense when medications can be most helpful
- Identify side effects and therapeutic profiles of specific commonly prescribed psychotropic drugs

*There will be an opportunity for participants to ask questions.*

Friday, April 3, 2009, 1-5:15 pm  
4601 Connecticut Avenue, NW, Suite 8, Washington, DC 20008

Fee: \$80.00 members, \$120.00 non-members  
4 CE Credits\*

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\*CE credit hours will be awarded for full attendance of the program. ICP&P is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute maintains responsibility for this program and its content. ICP&P has been approved by the Maryland Board of Social Work Examiners to offer Category 1 continuing education credit. Because ICP&P has received approval from the Maryland Board, Credit Hours awarded by ICP&P may also be claimed by social workers licensed in Virginia and the District of Columbia. These continuing education credits meet the ANCC approval for nurses.

For more information, email [icpeastadmin@att.net](mailto:icpeastadmin@att.net) or call 202-686-9300, ext. 5

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REGISTRATION FORM FOR SHORT COURSE

Member  Non Member

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone:(w) \_\_\_\_\_ (h) \_\_\_\_\_

E-mail address: \_\_\_\_\_

*Make your check payable to "ICP&P" and send it along with this form to ICP&P, 4601 Connecticut Avenue, NW, Suite 8, Washington, DC 20008.*