



***The Growth of the Individual:
A View Through the Empathic Lens***

with
Frank Lachmann, PhD

Saturday, September 17, 2011
9:00am – 4:00pm

The Cosmos Club of Washington, DC
2121 Massachusetts Avenue, NW
Washington, DC 20008

The day will focus on the application of concepts related to the organization of experience as derived from infant research and shown to be applicable in understanding therapist-patient interactions. These principles-ongoing regulation, disruption and repair, and heightened affect states-arise in early development, operate throughout the life span and enter into the clinical interaction. In this presentation, Dr. Lachmann will describe some of the fascinating studies that illustrate these principles and their clinical implications. The role of expectations met, surpassed or violated in transforming the emotional connection between therapist and patient will be emphasized.

This program includes a panel discussion with Mauricio Cortina, MD and Cheri Marmarosh, PhD, and the clinical case presentation with Candace Detchon, PhD and Dr. Lachmann. Based on attendance of this program, participants will be able to:

- Apply findings from infant research concerning how humans organize their experience to therapist-patient interactions.
- Recognize the role of expectations in the therapeutic interaction and assess the extent to which meeting or violating these expectations has contributed to therapeutic progress or stalemates.
- Apply contemporary self psychology theory to the presented clinical material.
- Discuss and analyze the ways they could incorporate into their work empirically demonstrable principles of therapeutic action described by Lachmann.
- Discuss and analyze the presented clinical material from a contemporary self psychology perspective.

5 CE credits available for full attendance

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